

**Antenatal Care Pathway : What to Expect Month-by-Month**

<b>Weeks of Pregnancy</b>	<b>First Baby / Had Baby Before</b>	<b>What to Expect at each appointment</b>	<b>Who you will see</b>
Below 8 weeks	All women	Contact GP or a midwife at Kingston Hospital directly 0208 934 6440	GP or Midwife
8-10 weeks	All women	'Booking Visit' with a midwife Bloods taken for Blood Group, Anaemia, HIV, Sickle Cell + Thalassaemia, Rubella and Syphilis	Midwife
11-13 weeks	All women	Scan of the baby to Screen for: Down's Syndrome (Nuchal Fold) And other genetic abnormalities	Midwife Scanning
16 weeks	All women	Blood test for screening for problems with baby if missed 11-13 week scan	Midwife
20 weeks	All women	Scan of baby looking at head, face, body, limbs and internal organs	Scanning
24 weeks	First time mum	Blood pressure, urine Measurement of growth of baby Discussion on breastfeeding Wellbeing of mum and baby	GP
28 weeks	All women	Blood pressure, urine Growth of baby and wellbeing of mum and baby Bloods for blood group and anaemia If Blood Group Rhesus Negative will have Anti D Breastfeeding discussion	Midwife
32 weeks	First time mum	Same as 24 weeks	GP
34 weeks	All women	Same as 24 weeks Anti D for Rhesus Negative Women	Midwife
36 weeks	All women	Same as 24 weeks Labour, birth, Postnatal care and breastfeeding discussion Home visit will be offered	Midwife
38 weeks	All women	Same as 24 weeks	Midwife
40 weeks	First time mum	Same as 24 weeks	Midwife
41 weeks	All women	Same as 24 weeks Sweeping of the membranes surrounding the baby offered to all women	Midwife